

Abstract Information

First Name :	Houyam
Last Name :	TIBAR
Email :	tibarhouyam@gmail.com
Address :	hopital des spécialités, CHU IBN sina de Rabat
Participation :	symposium
Title of the Symposium :	An update on the pathophysiology of the non-motor symptoms in Parkinson's disease
Category :	Academic/Researcher
Thematic Area :	Neurosciences, robotic, and Artificial Intelligence
Title :	An overview on the non-motor symptoms of Parkinson's disease: Moroccan experience
Co-Authors :	Houyam tibar, wafa regragui, hopital des spécialités, ibn sina university hospital, medical school of rabat, rabat, morocco

Abstract : The non-motor symptoms (NMS) of Parkinson's disease significantly impact patients' quality of life and often precede the classical motor manifestations. Despite their prevalence, these symptoms remain underrecognized and undertreated. This presentation will focus on the clinical spectrum of NMS in Moroccan Parkinsonian patients, highlighting their frequency, impact, and management challenges in our specific context.

Based on our clinical experience and research data from Moroccan centers, we will present the most frequent NMS encountered in our population, including mood disorders, sleep disturbances, autonomic dysfunction, and pain. Special attention will be given to cultural and socioeconomic factors that may influence the presentation and recognition. We will also discuss the screening tools used in our practice and share our approach to early identification and management of NMS in resource-limited settings.

This overview aims to contribute to the better understanding of NMS in different populations and emphasize the importance of their systematic assessment in routine clinical practice